



Regence

your health, connected.™

Regence Advantages

Connecting your health and wellness needs

Regence cares about your health

Regence Advantages connects you with great value and savings from leading health-related companies. These discount programs are available to all Regence Medicare plan members.



Hearing care services

TruHearing®

- Waived annual membership fee through 2013 (a \$108 savings) in the TruHearing® MemberPlus® program where members can save hundreds of dollars on hearing aids. TruHearing offers our Medicare members access to new technology from five leading manufacturers—over 90 digital models and hundreds of styles from which to choose. Call 1 (877) 379-4526 and use group number REGE-MEDI to schedule your appointment.

Healthy & Active Program

CHP Active and Healthy Program

- Get unlimited access to savings on sporting events, ski/snowboard lift tickets, family attractions, performing arts, hotels, car rentals and more. As a Regence member you can purchase a CHP Active and Healthy annual membership for only \$15.95 (over 50% savings). Enroll now at www.clickgosave.com.

HearPO®

- Receive a 40% discount on diagnostic services, including hearing exams, and significant savings on hearing aids. To learn more or to schedule an appointment, call 1 (888) 534-1746.

Pet care

Banfield Pet Hospital

- Waived enrollment fee for Banfield® Pet Hospital's Optimum Wellness Plans®, which provide preventive care for your pets, including annual blood work, vaccinations, unlimited office visits and much more at 800+ locations nationwide. Call 1 (866) 364-6228 to learn more about Banfield and to enroll your pet in an Optimum Wellness Plan, or visit Banfield online at www.banfield.com/regence.

Beltone™

- Receive a free screening, a 25% discount on Beltone hearing aids, a one-year supply of hearing aid batteries and free follow-up visits and testing.



Laser vision correction services

TruVision™

- TruVision offers a network of experienced surgeons, affordable payment plans and a no-obligation initial consultation for laser vision correction services, such as LASIK and PRK eye surgery. For more information visit www.truvision.com, or call 1 (877) 317-2020 for a free telephone screening for LASIK surgery, to schedule a pre-operative exam, or order contact lenses.

QualSight® LASIK

- QualSight offers preferred plan pricing on LASIK surgery that is 40% to 50% off the national average price of traditional LASIK. QualSight features a credentialed national network of board-eligible ophthalmologists. Call 1 (866) 750-7561 to learn more and find out if you're a candidate for this life-changing procedure! Or visit www.qualsight.com/-regence.

Alternative medicine

CHP CAMaffinity Program

- Save 20% on complementary and alternative medicine (CAM) through the CHP network of providers for chiropractic care, acupuncture, naturopathic medicine and massage therapy. Find a CHP provider at www.chpgroup.com, schedule an appointment, and then show your Regence member card to receive your discount. To learn more, call 1 (800) 449-9479.

Weight management programs

Take Shape For Life®

- Save \$25.00 or more on your first month's order! FREE certified health coach to help you with your journey! Lose weight and manage disease and health through nutritional intervention, free access to health care professionals, educational materials, and the "Habits of Health" system. There are no hidden costs or start-up fees. Learn more at www.stayhealthy4ever.com.

Jenny®

- Regence Medicare members may choose between a free 30-Day Program or 25% off a Premium Program (restrictions apply). Jenny Craig plans are personalized and offer one-on-one support from trained weight-loss consultants. You'll receive weekly scheduled consultations, planned or personalized menus, and online support at www.jennycraig.com.

Regence Advantages is not insurance, but is offered to our members to help them stay healthy and live better. The products and services described above are neither offered nor guaranteed under our contract with the Medicare program.

To see additional discount programs offered through Regence Advantages, visit us online.



1. Go to www.regence.com/medicare.
2. Click **Your plan options** in the "Medicare 101" section.
3. Click **Regence Advantages**.

*Regence BlueShield is a Health plan with a Medicare contract.
A Medicare-approved Part D sponsor.*

